

Christopher Ravesi

D.Ac N.D Registered Acupuncturist & Naturopathic Physician

Founder & Principal Practitioner — Como Health Group, Beaumaris VIC 3193

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PROFESSIONAL SUMMARY

Christopher Ravesi is a registered acupuncturist and naturopathic physician with over 40 years of full-time clinical practice in the Beaumaris and Bayside community. He founded Como Health Group in 1990 with acupuncture and naturopathy as its clinical core, and has built one of the most technologically advanced integrative natural medicine clinics in Melbourne.

His international postgraduate training spans six visits to Medicine Week in Baden Baden, Germany, direct study under Dr Thomas Rau in biological medicine and darkfield microscopy, and attendance at the American Academy of Anti-Aging Medicine (A4M) World Congress in Las Vegas, where he sat the ABAAHP board examination in 2014. He has taught Biological Terrain Analysis and Blood Microscopy to allied health practitioners across Australia since 2005, and served as clinic supervisor and exit examiner at the Southern School of Natural Therapies from 1995 to 2000.

FORMAL EDUCATION

2014	ABAAHP Board Examination, American Academy of Anti-Aging Medicine (A4M), Las Vegas, USA
1988–1989	Year 3 & 4 Studies in Acupuncture, Australian Acupuncture College, Melbourne
1987	Diploma of Naturopathy, Southern School of Natural Therapies, Fitzroy, Victoria
1985	Diploma of Acupuncture & Moxibustion, Nanjing Acupuncture & Moxibustion Training College, Melbourne

PROFESSIONAL REGISTRATION & MEMBERSHIPS

- Nationally Registered Acupuncturist — Chinese Medicine Board of Australia (CMBA)
- Registered with Australian Health Practitioners Regulation Agency (AHPRA)
- Member — Australian Acupuncture & Chinese Medicine Association (AACMA)

TEACHING & CLINICAL EDUCATION

2005–Current	Biological Terrain Analysis Trainer, Como Health Group, Beaumaris
2005–Current	Blood Microscopy & Live Blood Analysis Trainer, Como Health Group, Beaumaris
1999–2000	Examiner — Exit Examinations, Southern School of Natural Therapies, Fitzroy
1995–2000	Clinic Supervisor — Final Year Undergraduates, Southern School of Natural Therapies, Fitzroy

INTERNATIONAL PROFESSIONAL DEVELOPMENT

American Academy of Anti-Aging Medicine (A4M) — United States

Dec 2016	24th Annual World Congress of Anti-Aging Medicine, Las Vegas
Dec 2014	ABAAHP Board Examination, Las Vegas
Dec 2014	22nd Annual World Congress of Anti-Aging Medicine, Las Vegas
Dec 2014	Specialty Workshop — Aesthetic Treatments: Laser & Light Applications, Las Vegas

Biological Medicine & Medicine Week — Baden Baden, Germany

Nov 2012	Darkfield Microscopy Live Blood Analysis, Dr Thomas Rau, Baden Baden
Nov 2012	15th International Symposium — Bioinformative Medicine, Baden Baden
Nov 2012	Prophylaxis and Treatment of Lifestyle Diseases — Sanum-Kehlbeck, Baden Baden
Oct 2012	Medicine Week, Baden Baden
Nov 2010	Modern Biological Medicine Practice Seminar, Baden Baden
Nov 2010	Symposium — International Society of Homotoxicology and Homeopathy, Baden Baden
Nov 2010	Medicine Week, Baden Baden
Nov 2006	International Association of Physicians for Biocybernetic Medicine Symposium, Rust, Germany
Oct 2006	Medicine Week, Baden Baden
Oct 2003	Medicine Week, Baden Baden
Nov 2000	Advanced Mora Therapy Training, Freisenheim, Germany
Oct 2000	Medicine Week, Baden Baden
Oct 1999	Medicine Week, Baden Baden

Other International

Mar 2009	Biomedx Microscope Training, Chicago, USA
Mar 2009	Biomedx Flow Audit Training, Chicago, USA
June 1998	World Federation of Acupuncture Societies (WFAS) Conference, Barcelona, Spain
Sep 1997	NHAA International Herbal Medicine Conference, Auckland, New Zealand

AUSTRALIAN PROFESSIONAL DEVELOPMENT (SELECTED)

Aug 2026	Australasian Acupuncture and Chinese Medicine Annual Conference (AACMA), Melbourne
July 2025	Australasian Acupuncture and Chinese Medicine Annual Conference (AACMA), Brisbane
Aug 2023	Australasian Acupuncture and Chinese Medicine Annual Conference (AACMA), Gold Coast
May 2019	Australasian Acupuncture and Chinese Medicine Annual Conference (AACMA), Melbourne
July 2018	Restore Harmony in Female Conditions, Metagenics, Morningside
June 2018	Distal Needling Acupuncture Workshop, Robert Doane, Brisbane
June 2018	Medical Pulse Diagnosis Workshop, Robert Doane, Brisbane
Aug 2017	Dermapen Medical Masterclass, Dr Andrew R. Christie (Inskin), Melbourne
Apr 2017	Towards Biological Robustness, Dr Arturo O'Byrne
Feb 2017	Intensive Master Tung Points Training — 4 Day, Brad Whisnant, Sydney
July 2016	Functional Psychiatry, Metagenics, Melbourne
June 2016	2016 International Cancer Conference, IJOP, Melbourne
Mar 2016	Immunity & Inflammation, Metagenics, Melbourne
Sep 2015	Understanding Oxidative Stress & Inflammation, Nutrition Care, Melbourne
June 2014	IPL & Laser Science Safety Certificate Course, Australian Institute of Laser Therapy
June 2014	Laser Phototherapy for Sports Injury & Physical Rehabilitation, Australian Institute of Laser Therapy
May 2014	Hemaview Advanced Training, Metagenics, Melbourne
May 2014	AACMA Conference, Melbourne
Mar 2014	In Clinic Blood Testing for Food Intolerance & Oxidative Stress, Nutrition Care, Melbourne

July 2013	Autoimmunity & Chronic Disease, Metagenics, Melbourne
Mar 2013	New Guidelines for Treatment, Metagenics, Melbourne
July 2012	Integrative Care & Support of Cancer Patients, Metagenics, Melbourne
Apr 2012	Hemaview Advanced Training, Metagenics, Melbourne
Mar 2012	Isopathy and Sanum Therapy, Christa Krahner, Brisbane
June 2011	Live Blood Training Microscopy, Trevor Douglas, Adelaide
Mar 2011	An Evening of Gynaecology, Ruth Trickey, Melbourne
June 2010	Bioregulatory Medicine Conference, AAOH, Gold Coast
June 2010	Immuno Modulation Strategies for Cancer Support, Dr Karen Ali, Melbourne
Apr 2010	Maternity and Beyond, Tabitha McIntosh, Melbourne
Oct 2009	Energy for Life, Metagenics, Melbourne
June 2009	Lower Back and Pelvis Complaints, Dr Dalius Barkauskas, Melbourne
Oct 2008	International Homoeopathy and Homotoxicology Symposium, AAOH, Gold Coast
Aug 2008	Acupuncture for Pregnancy and Childbirth, Debra Betts, Melbourne
Apr 2008	Reams Biological Analysis Training, David Lomman, Melbourne
Oct 2007	Hemaview Advanced Training, Metagenics, Melbourne
June 2007	Homotoxicology Masterclass, AAOH, Melbourne
Mar 2007	Factors that Affect Metabolic Activity, AAOH, Melbourne
Dec 2006	Hemaview Advanced Training, Wayne Reilly, Metagenics, Melbourne
June 2006	Advanced Sanum Therapy Prescribing, Dr Hilbert Seeger, Melbourne
May 2006	Advanced Biomesotherapy, AAOH, Melbourne
Apr 2006	Integrated Energy Medicine Conference, Noosa, Queensland
Apr 2006	Homotoxicology — Treating the Reproductive System, AAOH, Melbourne
Mar 2006	Gastrointestinal Disorders, AAOH, Melbourne
Oct 2005	Principles of Organotherapy, AAOH, Melbourne
Oct 2005	International Update Series Organotherapy, AAOH, Melbourne
Aug 2005	Toxic Cell Syndrome, AAOH, Melbourne
July 2005	The Hypertension Epidemic, Metagenics, Melbourne
Apr 2005	Chronic Fatigue Syndrome, Robert Buist, Nutrition Care, Melbourne
Feb 2005	Supporting Chemotherapy, AAOH, Melbourne
Nov 2004	Coronary Heart Disease, Metagenics, Melbourne
Sep 2004	Chronic Degenerative Diseases, AAOH, Melbourne
July 2004	Biomesotherapy / Biopuncture Training, AAOH, Melbourne
May 2004	Maintaining Health & Vitality, Eagle Pharmaceuticals, Melbourne
Nov 2003	Solving Wheat & Dairy Problems, Dr Robert Buist, Melbourne
Nov 2003	Inflammation Means Healing, AAOH, Melbourne
Nov 2003	The Electrical Properties of Cancer Cells, Dr Haltiwanger MD, Melbourne
Aug 2003	Allergy & Its Immune Implications, AAOH, Melbourne
Apr 2003	Paediatric Medicine & Immune Dysfunctions, Alta Smit, Melbourne
Feb 2003	Clinical Applications of Homotoxicology, AAOH, Melbourne
Oct 2002	Homotoxicology Workshop, AAOH, Melbourne
July 2002	Biological Medicine, Greg Fredericks, Melbourne
May 2002	Nutritional Management of Cancer, Henry Osiecki, Melbourne
Apr 2002	International Mind of a Child Conference, Manly, NSW
Feb 2002	Clinical Solutions of Immune Disorders, Metagenics, Melbourne
Sep 2001	Sanum, Enderlein & Pleomorphism Conference, AAOH, Gold Coast

Sep 2001	Clinical Solutions in Dermatology, Metagenics, Melbourne
Aug 2001	Diagnosis & Treatment Using Body Signs, Dr Robert Buist, Melbourne
June 2001	High Resolution Blood Morphology (HRBM), Trevor Douglas, Adelaide
Mar 2001	Darkfield Microscopy & Sanum, Konrad Werthmann MD, Melbourne
Jan 2001	Masakaza Ikeda — Acupuncture & Moxibustion, Traditional Japanese Medicine, Melbourne
Nov 1992	Chronic Fatigue, Jeff Katke, Metagenics, Melbourne
Oct 1992	Course 1 in Eye Diagnosis, College of Somatic Studies, NSW
Mar 1992	Hemaview Analysis Training, Jeff Katke, Metagenics, Melbourne
1988	Hemaview Analysis Training, Jeff Katke & Mike Curley, Metagenics, Sydney & Melbourne
Apr 1985	Lectures by Dr Ye Chenggu, Head Physician, Guan An Men Hospital Beijing — Nanjing Acupuncture Training College, Melbourne